

Earthquake Drill

The steps to an earthquake drill:

1. Drop.
2. Cover.
3. Hold on.
4. Once it's stopped shaking, if it's safe to go outside follow your teacher's instructions.
5. Stand away from buildings if possible.

**Earthquakes
don't kill people;
buildings do.**



Try out a drill in your classroom. What's the shortest time you can do the first three steps in?

Do you think you'll ever need to do an earthquake drill in Scotland for real?

What's the most important part of your body to protect in an earthquake?

1. Feet - so you can more easily escape the building
2. Tummy – it's soft and has a lot of organs
3. Head & neck – a bonk on the head could cause a lot of damage!

Answer: head and neck. If you can't find a table or somewhere safe to shelter under, protect your head and neck with your arms.