

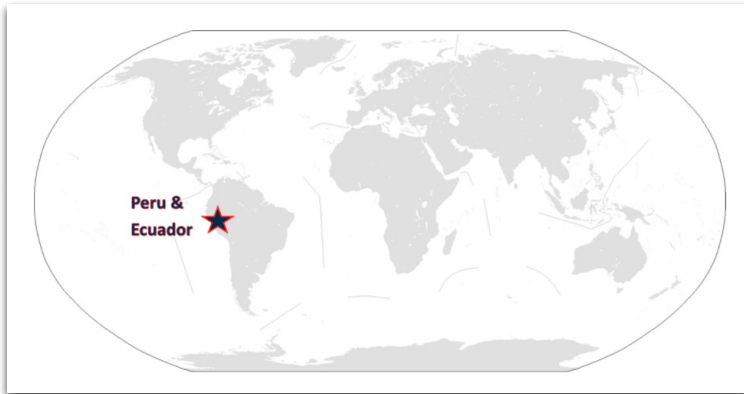
Rainforest Guardians

The Achuar Community

Imagine having the rainforest as your back garden!

Meet the Anchuar people from Peru and Ecuador – in the heart of the Amazon rainforest!

Their lifestyle and culture is closely linked to the forest, which means they take great care to protect it. By only taking small amounts of what they need (food, building materials, medicines), they help to ensure that the area remains healthy. They also work hard to protect the rainforest from harmful activities such as drilling for oil or cutting down trees for farmland.



What Can We Do to Help?

The conservation work that local communities do is so important to help look after the rainforests, but we can all do our bit to help!

Check out our [Palm Oil Bingo](#) game to find out how you can help conserve the rainforest every time you go to the supermarket!

More information on the Anchuar community and other indigenous conservation work:

[Anchuar community](#)

[Interview with Uyunkar Domingo Peas](#), a member of the Achuar community:

"Mother Nature – our Planet Earth – doesn't need us, we need the Earth and planet."
Uyunkar Domingo Peas

The World's Best Forest Guardians: [Indigenous Peoples](#)

